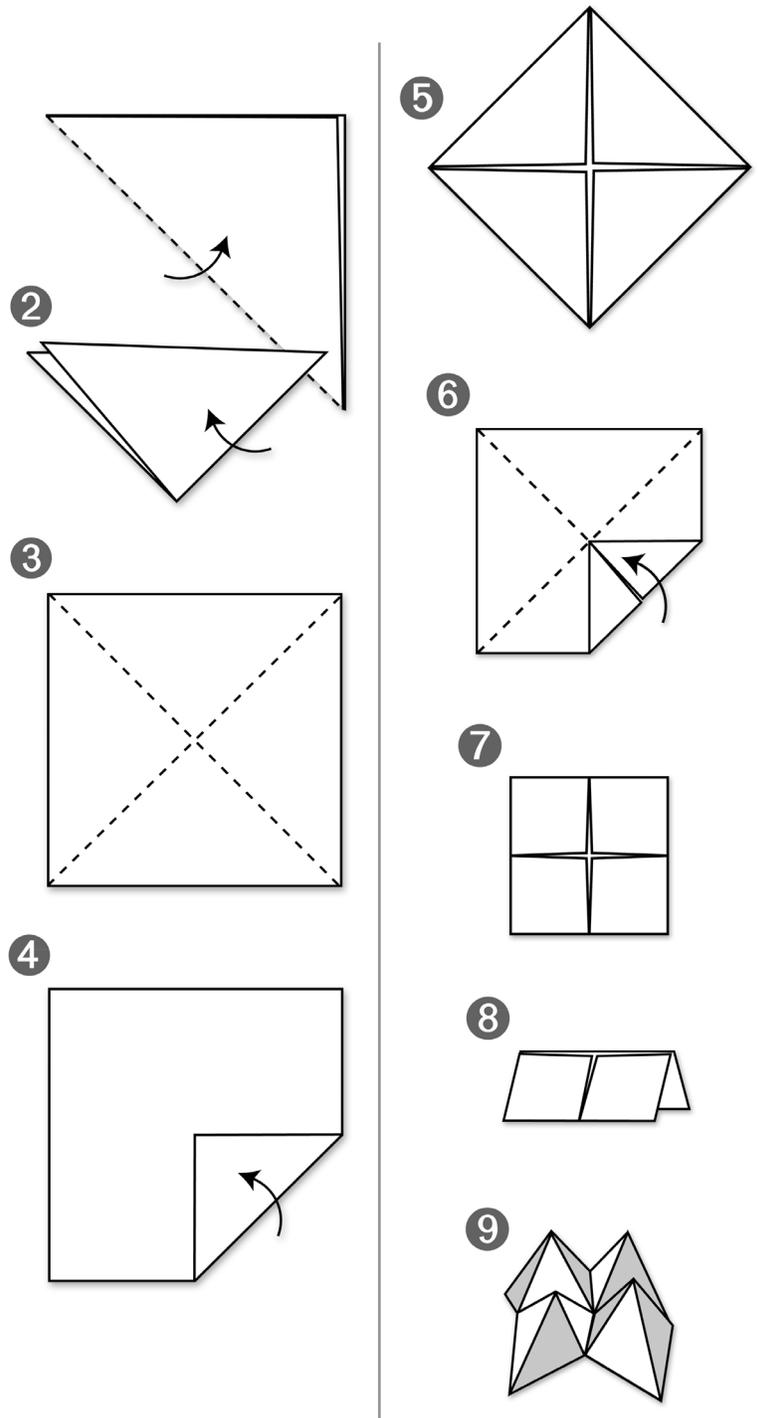


Kindness catchers

Instructions:

1. Take a square piece of paper and decorate one side with very light colored pencil markings.
2. Fold it diagonally. Then fold it diagonally across the opposite corners.
3. Fold the paper in half to form a rectangle with the decorated side inside. Unfold it, turn it, and fold it in half at a right angle from the previous fold. (The decorated side should be inside this rectangle too.)
4. Unfold the paper, decorated side down and look for the point in the middle where all the creases meet.
5. Fold all the points of the square toward the middle. You will now have a smaller square.
6. Turn the paper over. Fold in each of the corners one more time. Fold the square in half and then unfold it once. Do it again on the other side to create two creases.
7. Stand up the kindness catcher and pull out the flaps. With your fingers under the flaps, push the four outside corners together so that you have something resembling a flower shape. The middle where the creases met is now the bottom point of the flower. Work the kindness catcher back and forth to reveal the inside.
8. Write four kind words on the outside flaps (friend, smile, share, hello). Write numbers on the eight small inside triangular flaps (1, 2, 3, 4). You can use a number more than once.
9. Open up the outside flaps to find the middle where the creases meet. Write a compliment or kind message in each of the four triangles that radiate out from the center. (For example: "Have a great day" "Be my friend" or "You're a kind friend.")



To play:

- Have a friend choose a word. Spell out the word, folding the paper once for each letter.
- Then have the friend choose a number. Fold the kindness catcher side-to-side that many times.
- Now, let your friend choose one of the two side flaps.
- Read the kind statement under that flap.

